



# MENU

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**FEBRUARY**  
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## Whitmore Lake MS/HS Lunch

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Salisbury Steak w/ Gravy WG Biscuit Cheesy Potatoes Baked Beans Apple Slices	Sweet and Sour Chicken WG Egg Roll Rice California Blend Vegetables Mandarin Oranges	<b>Brunch For Lunch!</b> Mini Pancakes Sausage Links Diced Potatoes Blueberries	Macaroni and Cheese WG Breadstick Steamed Broccoli Craisins	French Bread Pizza Pepperoni/Cheese Salad Carrots Johnny Pop
Chicken Nuggets WG Roll Mashed Potatoes w/ Gravy Steamed Corn Pears	Beef or Chicken Taco Lettuce/Tomato/Cheese Refried Beans Tropical Fruit	Spaghetti w/ Meat Sauce WG Bosco Stick Steamed Peas Cantaloup	<b>Dominos Pizza Day!</b> Pepperoni/Cheese Salad Cherry Tomatoes Clementine	<b>No School Mid-Winter Break</b>
<b>No School Mid-Winter Break</b>	Chicken Tenders WG Roll Baked Potato Baked Beans Cinnamon Apples	<b>Brunch For Lunch!</b> Popcorn Chicken WG Waffles Green Beans Strawberry Cup	Chicken Alfredo WG Twisted Breadstick Winter Blend Vegetables Kiwi	Fresh Baked Pizza Pepperoni/Cheese Salad Mixed Peppers Slushie
Hamburger WG Bun Crinkle Fries Apple Sauce	Beef Nachos WG Tortilla Chips Lettuce/Tomato/Cheese Black Beans and Corn Pineapple	Chicken Drumstick Mashed Potatoes w/ Gravy Steamed Carrots Grapes	Lasagna Roll Up WG Breadstick Mixed Vegetables Green Apples	<b>Dominos Pizza Day!</b> Pepperoni/Cheese Salad Cucumber Slices Smoothie Bowl

### FREE Lunch!

Choice of 1% Low Fat White, Chocolate, or Strawberry Milk

### Daily Alternative Meals Include:

Uncrustable Meal  
Yogurt Parfait Meal  
Hot Slide Options

Fruit Bar Options May Include Fresh Fruit and Vegetables Such as:

Carrots, Cucumbers, Tomatoes, Mixed Peppers, Fresh Salad, Cantaloup, Apples, Watermelon, Strawberries, Blueberries, Kiwi and Raspberries

All Meals Include a Milk, Fruit and Vegetable

Menu Subject to Change Due to Availability

