



FEBRUARY | 2025

Go Like the Wind Montessori

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 WG Waffles Sausage Links Steamed Peas Blueberries	4 Hamburger on WG Bun Steamed Carrots French Fries Mandarin Oranges	5 Grilled Cheese Steamed Corn WG Chips Apple Slices	6 Walking Beef Taco Refried Beans Cinnamon Apples	7 WG Pizza Red Peppers Fresh Grapes
10 Mini Corn Dogs Baked Beans Broccoli Bites Pineapple	11 Chicken Nuggets Mashed Potato/Gravy Cherry Tomato WG Crackers Mixed Fruit	12 Soy Butter & Jelly Sandwich Cucumber Slices Cheese Stick WG Cracker Strawberries	13 WG Pizza Carrots/Dip Pears	14 NO SCHOOL
17 NO SCHOOL	18 Hot Dog on WG Bun Smile Fries Steamed Corn Peach Slices	19 Sweet & Sour Chicken Rice Pilaf Corn Bread Veggie Juice Box Fresh Grapes	20 Meatballs & Spaghetti Sauce Boscoe Stick Green Beans Pineapple Chunks	21 WG Pizza Celery Sticks Tropical Fruit
24 Turkey Subs Fresh Carrots Cheese WG Crackers Strawberry Cup	25 Chicken Patty on WG Bun Baked Beans WG Chips Pears	26 Cheese Omelet Hash Browns WG Muffin Broccoli Cantaloupe	27 Salisbury Steak Mashed Potato/Gravy Cheese Bread Stick Fresh Kiwi	28 WG Pizza Cucumber Slices Fresh Kiwi

News

FREE Breakfast and Lunch for 4 year -old Primary and K -6 students. 3 year-old Primary students will receive a free Breakfast and may purchase a lunch for \$1.50.

Breakfast includes Fruit, 100% Juice and 1% low fat Milk (White)

**M – Breakfast Bar
T – Yogurt
W – Bagel & Jelly
Th – WG Muffin
F – Cereal**

Lunch includes 1% low fat Milk (White), *Fresh Fruits & Veggies.

***Season available Fresh Fruit & Veggies:**
Strawberries, Oranges, Peaches, Pears, Banana, Watermelon, Carrots, Cucumbers, Cauliflower