



MENU

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JANUARY
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Whitmore Lake MS/HS Lunch

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Happy Holidays									
Brunch For Lunch! Mini Pancakes Sausage Links Diced Potatoes Strawberry Cup	6	Beef Nachos WG Tortilla Chips Lettuce/Tomato/Cheese Fiesta Beans Pineapple	7	Chicken Nuggets WG Roll Mashed Potatoes w/Gravy Corn Green Apple	8	Macaroni and Cheese WG Breadstick Steamed Broccoli Grapes	9	Dominos Pizza Day! Pepperoni/Cheese Celery Sticks Mixed Peppers Johnny Pop	10
Sweet & Sour Chicken WG Egg Roll Fried Rice, California Blend Vegetables Mandarin Oranges	13	Beef or Chicken Taco Lettuce/Tomato/Cheese Refried Beans Tropical Fruit	14	Traditional or Spicy Chicken Patty WG Bun Wedge Fries Blueberries	15	Spaghetti w/Meat Sauce WG Bosco Stick Steamed Peas Apple Slices	16	Fresh Baked Pizza Pepperoni/Cheese Romaine Lettuce Cherry Tomatoes Slushie	17
NO SCHOOL MLK DAY!	20	Chicken or Cheese Quesadilla Lettuce/Tomato/Cheese Roasted Corn w/Black Beans and Pears	21	Hot Dog or Chili Dog WG Bun Baked Potato Bar Strawberries	22	Chicken Alfredo Twisted Breadstick Winter Blend Veggies Oranges	23	Dominos Pizza Day! Pepperoni/Cheese Romaine Lettuce Carrots	24
Hamburger WG Bun Crinkle Fries Apple Sauce	27	Walking Taco Beef Taco Meat Lettuce/Tomato/Cheese Refried Beans Peaches	28	Chicken Tenders WG Roll Rice Mixed Vegetables Craisins	29	Cheese Tortellini w/Meat Sauce WG Breadstick Normandy Veggie Blend Strawberries	30	Fresh Baked Pizza Pepperoni/Cheese Romaine Lettuce Mixed Peppers Cantaloupe	31

FREE Lunch!

Choice of 1% Low Fat White, Chocolate, or Strawberry Milk

Daily Alternative Meals Include:

Uncrustable Meal
Yogurt Parfait Meal
Hot Slide Options

Fruit Bar Options May Include Fresh Fruit and Vegetables Such as:

Carrots, Cucumbers, Tomatoes, Mixed Peppers, Fresh Salad, Cantaloupe, Apples, Watermelon, Strawberries, Blueberries, Kiwi and Raspberries

All Meals Include a Milk, Fruit and Vegetable

Menu Subject to Change Due to Availability

