



# JANUARY | 2025

*Go Like the Wind Montessori*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30						
6	Mini Pancakes Sausage Links Green Beans Blueberries	7	Hamburger on WG Bun Steamed Carrots French Fries Pears	8	Grilled Cheese Corn on the Cob WG Chips Orange Slices	
13	Mini Corn Dogs Steamed Corn Baked Beans Country Apple	14	Chicken Tenders Mashed Potato & Gravy Cherry Tomato WG Rolls Peaches	15	Turkey Sub Cheese Stick WG Cracker Cucumbers Strawberries	
20	<b>NO SCHOOL</b>	21	Hot Dog on WG Bun Smile Fries Cherry Tomato Tropical Fruit	22	Sweet & Sour Chicken Rice Pilaf Steamed Peas Mandarin Oranges	
27	Chicken Patty on WG Bun Baked Beans WG Chips Peaches	28	Soy Butter & Jelly Sandwich Carrot Sticks Cheese Stick WG Crackers Blueberries	29	Cheese Omelet Hash Brown Green Beans Fresh Grapes	
				30	Salisbury Steak Mashed Potato & Gravy Garlic Twists Cantaloupe	
					31	WG Pizza Red Peppers Pineapple

## News

Breakfast and Lunch FREE for 4-year -old Primary and K -6 students.

3-year -old Primary students will receive a FREE breakfast and may purchase a lunch for \$1.50.

Breakfast includes Fruit, 100% Juice and 1% Low Fat Milk (White)

M - Cereal  
T – WG Muffin  
W - Bagel/Cream Cheese  
Th – Yogurt  
F – Cereal Bar

Lunch includes 1% Low Fat Milk (White), \*Fresh Fruits & Veggies.

\*Season available Fresh Fruit & Veggies: Apples, Oranges, Peaches, Pears, Banana, Watermelon, Strawberries, Cucumbers, Cauliflower, Carrots