OCTOBER | 2024

Whitmore Lake Elementary School

	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
30	Assorted Cereals Yogurt Cheese Stick Cucumbers Tropical Fruit	1 Cheese Omelet Hash Browns WG Muffin Strawberry Cup		Deli Day Ham / Turkey Subs Or Chicken Salad Cheese, Lettuce Pasta Salad Wg Chips Cherry Tomato Watermelon	3	Chicken Taco on Soft Shell Cheese, Lettuce Fiesta Beans Cinnamon Apples	4	French Bread Cheese Pizza or Pizza Crunchers Mixed Salad Carrots 100% Fruit Slushie	News FREE Breakfast and Lunch for all students.
7	WG Mini Pancakes Sausage Links Green Beans Blueberries	8 Hamburger on WG Bun Tater Tots Fresh Grapes	9	Beef Nacho Supreme Cheese, Lettuce Refried Beans Watermelon	10	Dominos Cheese or Pepperoni Pizza Mixed Salad Red Peppers 100% Fruit Slushie	11	NO SCHOOL	Students will grab a breakfast on their way to class. BREAKFAST includes fruit, 100% juice and 1% low-fat milk (white or chocolate)
14	NO SCHOOL	15 Chicken Drumstick Redskin Potatoes Graham Cracker Pineapple	16	Yogurt Meal Soy butter & Jelly Wg Crackers Cucumber Slices Strawberries	17	Macaroni & Cheese Steamed Broccoli WG Breadstick Peaches	18	Big Daddy Cheese or Pepperoni Pizza Romaine Salad Carrot Sticks 100% Fruit Slushie	M - Cinnamon Rolls T - WG Mini Pancakes W - Bagel/Cream Cheese Th - Chocolate Chip French Toast Fri - WG Donut LUNCH includes 1% low-fat
21	Hot Dog on WG Bun Smile Fries Broccoli Bites Fresh Kiwi	22 Chicken Tenders Texas Beans Wg Cracker Cinnamon Apples	23	WG Grilled Cheese & Tomato Soup Celery Sticks Wg Sun chips Cantaloupe	24	Salisbury Steak Mashed Potato/Gravy Wg Rolls Watermelon	25	Dominos Cheese Or Pepperoni Pizza Fresh Salad Red Peppers 100% Fruit Slushie	milk (white or chocolate), fruit & veggie bar *Season available fresh fruits & veggies: Apples, Strawberries, Pears, Kiwi, Watermelon, Grapes,
28	Hamburger on WG Bun Sweet Tater Tots Cucumbers Strawberries	29 Sweet & Sour Chicken Rice Pilaf Malibu Vegetables Peaches	30	Cheese Quesadilla Refried Beans Steamed Corn Mixed Fruit	31	Halloween Lunch Hot Dog Mummies Vampire Veggie Sticks WG Doritos Fresh Apple Slices Halloween Surprise!!	1	French Bread Cheese Pizza or Pepperoni Calzone Mixed Salad Cherry Tomato 100% Fruit Slushie	Cucumber, Carrots, Peppers, Salad, Cherry Tomato.