



# MENU

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**OCTOBER**  
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## Whitmore Lake MS/HS Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancake Wraps Hashbrown Patty Apple Slices <b>30</b>	Scrambled Egg Bake WG Biscuit Mixed Fruit <b>1</b>	Apple Frudel String Cheese Clementine <b>2</b>	WG Cinnamon Donut Holes Fresh Strawberries <b>3</b>	Ham and Cheese Croissant Banana <b>4</b>
Chocolate Chip French Toast Assorted Fresh Fruit <b>7</b>	Breakfast Burrito Assorted Fresh Fruit <b>8</b>	Mini Strawberry Cream Cheese Bagel Assorted Fresh Fruit <b>9</b>	Mixed Berry Scone Assorted Fresh Fruit <b>10</b>	Blueberry Smoothie WG Muffin Cheese Stick Assorted Fresh Fruit <b>11</b>
Mini Pancakes Assorted Fresh Fruit <b>14</b>	Breakfast Pizza Assorted Fresh Fruit <b>15</b>	Cherry Frudel Assorted Fresh Fruit <b>16</b>	Dutch Waffle Assorted Fresh Fruit <b>17</b>	Strawberry Banana Smoothie WG Muffin Cheese Stick Assorted Fresh Fruit <b>18</b>
Apple Cinnamon Texas Toast Assorted Fresh Fruit <b>21</b>	Breakfast Tornado Assorted Fresh Fruit <b>22</b>	Cinnamon Mini Cinnis Assorted Fresh Fruit <b>23</b>	French Toast Sticks Assorted Fresh Fruit <b>24</b>	Strawberry Smoothie WG Muffin Cheese Stick Assorted Fresh Fruit <b>25</b>
Mini Blueberry Waffles Assorted Fresh Fruit <b>28</b>	Cheese Omelet w/ Sausage Link Assorted Fresh Fruit <b>29</b>	Apple Frudel Assorted Fresh Fruit <b>30</b>	WG Cinnamon Donut Holes Assorted Fresh Fruit <b>31</b>	Caramel Apple Smoothie WG Muffin Cheese Stick Assorted Fresh Fruit <b>1</b>

### FREE Breakfast!

Breakfast is Served  
Daily at 7:40am

Students Will Grab  
Breakfast on Their  
Way to Class.

### Daily Alternative Meals Include:

- Assorted Muffins with String Cheese
- Banana or Lemon Bread
- Cereal Bars
- Benefit Bars
- Pop Tarts
- WG Donuts
- WG Breakfast Sandwich

Choice of 1% Low-Fat White, Chocolate,  
Strawberry Milk

All Meals Include a  
Milk, Fruit or Juice

Menu Subject to  
Change Due to  
Availability

