

OCTOBER | 2024

Washtenaw Head Start, GSRP and Enrichment Preschool



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30 Chicken Nugget Cucumber Slices Blueberries	1 Cheese Omelet Hash Browns Graham Cracker Strawberry Cup	2 <u>Deli Day</u> Turkey Sub Cherry Tomato Watermelon	3 Chicken Taco on Soft Shell Cheese Fiesta Beans Cherry Craisins	4 French Bread Pepperoni Pizza Carrots Mandarin Oranges
7 WG Mini Pancakes Sausage Links Green Beans Blueberries	8 Hamburger on WG Bun Tater Tots Fresh Grapes	9 Beef Nacho Supreme Cheese Refried Beans Watermelon	10 Dominos Cheese Pizza Red Peppers Pears	11 NO SCHOOL
14 NO SCHOOL	15 Chicken Drumstick Redskin Potatoes Pineapple	16 Soy Butter & Jelly Cheese Stick Cucumber Slices Strawberries	17 Macaroni & Cheese Steamed Broccoli Fresh Peach	18 WG Pepperoni Pizza Carrot Sticks Tropical Fruit
21 Hot Dog on WG Bun Smile Fries Fresh Kiwi	22 Chicken Tenders Texas Beans Cinnamon Apples	23 Grilled Cheese Celery Sticks Cantaloupe	24 Salisbury Steak Mashed Potato/Gravy WG Rolls Watermelon	25 Dominos Cheese Pizza Red Peppers Fresh Green Grapes
28 Hamburger on WG Bun Sweet Tater Tots Strawberries	29 Sweet & Sour Chicken Rice Pilaf Malibu Vegetables Peaches	30 Cheese Quesadilla Refried Beans Mixed Fruit	31 Hot Dog Mummies Vampire Veggie Sticks WG Cracker Fresh Apple Slices	1 French Bread Pepperoni Pizza Cherry Tomato Orange Slices

News

3 year-olds in Enrichment Preschool receive free breakfast and may purchase a lunch for \$1.50

Breakfast & Lunch include 1% low fat white milk. All juice served is 100% juice.

Breakfast

M - Cereal, Mandarin Oranges

T - Wg Muffin, Applesauce

W - Bagel/Jelly, Mix Fruit

Th - Yogurt, Peaches

Fri - Cereal Bar, Pineapple

Snack

M - Carrots, Sun Butter Cup

T - Tortilla Chips, Cheese Stick

W - Grapes, Goldfish

Th - Craisin, Pretzels

Fri - Apple Slice, Grahams